|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Week 1** | Monday | Tuesday | Wednesday | Thursday | Friday |
| Option1 | Organic beef chilli  Fluffy rice  Roasted vegetables | Toad in the hole  Roast potato’s  Peas & cauliflower | Roast pork & apple sauce  Creamy mashed potato  Carrots & broccoli | Margarita pizza  ½ jacket potato  Sweetcorn & green beans | Fish or salmon fingers  Chips  Baked beans and peas |
| Option 2 | Jacket potato with baked beans | Tuna crunch wrap | Vegetarian chilli | Coronation chicken wrap | Jacket potato with vegetable bolognaise |
| Desert | Strawberry whip | Shortbread biscuit | Cheese & biscuits | Iced bun | Vanilla ice cream |

Week 1 – 2021: 23rd August, 13th September, 4th October, 25th October, 15th November, 6th December

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Week 2** | Monday | Tuesday | Wednesday | Thursday | Friday |
| Option1 | Organic minced beef casserole  Roast potatoes  Green beans & carrots | Roast chicken  Parsley potatoes  Peas & Cauliflower cheese | Sausage & onion gravy  Creamy mashed potatoes  Roasted vegetables | Macaroni cheese  Garlic bread  Broccoli & carrots | Battered fish  Chips  Baked beans and sweetcorn |
| Option 2 | BBQ bean wrap | Jacket Potato with cheese | Pepper frittata | Tuna mayo in pitta with crunchy slaw salad | Roasted chickpea wrap |
| Desert | Banana cake | Chocolate sponge with chocolate sauce | Lemon drizzle cake | Orange jelly with mandarins | Crispy cake |

2022: 3rd January, 24th January, 14th February, 7th March, 28th March, 18th April, 9th May, 30th May, 20th June, 11th July

Week 2 – 2021: 30th August, 20th September, 11th October, 1st November, 22nd November, 13th December

2022: 10th January, 31st January, 21st February, 14th March, 4th April, 25th April, 16th May, 6th June, 27th June, 18th July

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Week 3** | Monday | Tuesday | Wednesday | Thursday | Friday |
| Option1 | Organic meatballs  Fluffy rice  Carrots & brocoli | Margarita pizza  Pasta shells  Cauliflower & roasted courgette | Roast beef & Yorkshire pudding  Roasted potatoes  Peas & mashed swede | Chicken & vegetable pie  Creamy mashed potatoes  Sweetcorn & green beans | Fish or salmon fingers  Chips  Baked beans and peas |
| Option 2 | Vegetable, bean & sweetcorn croquette  Carrots & broccoli | Tandoori salmon wrap | Stuffed Potatoe boat with cheese & peppers | Chicken with yoghurt & dill in pitta | Frittata muffin |
| Desert | Chocolate & sweet potato cake | Fresh fruit salad | Orange drizzle cake | Apple sponge & custard | Vanilla ice cream |

Week 3 – 2021: 6th September, 27th September, 18th October, 8th November, 29th November, 20th December

2021: 17th January, 7th February, 28th February, 21st March, 11th April, 2nd May, 23rd May, 13th June, 4th July, 25th July